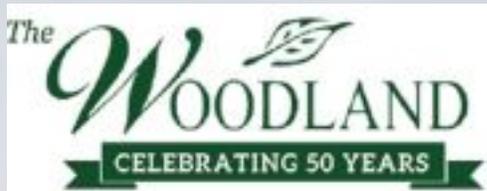




THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

July 2020



OFFICE HOURS

Bus. Office M-F 8:30-4:30

IMPORTANT NUMBERS

24 Hours (434) 392-6106

Hot Line (888) 391-1163



The Woodland Connexion

Carey Waycaster, Editor

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(434) 392-6106

Reopening of Campus

The Woodland has yet to determine a reopening date for visitation. When the date is determined, we will reopen in Phases which will be detailed on the next page of this newsletter. We have set up guidelines, which are subject to change, that we will be following. The Woodland recommends checking our Facebook page or website "Covid update" link for up to date information.

The Woodland would like to extend our many thanks for all your patience and understanding during this time.



Red, White and Blueberry

July brings National Blueberry Month, the prime time for the little blue fruit. It's one of only a few fruits native to North America, and the U.S. is the world's largest producer of blueberries, growing about 600 million pounds of wild and cultivated varieties each year.

Sundae Edition

Q: Why did the news reporter go to the ice cream parlor?

A: She wanted to get the scoop!

Find us on 

Type in The Woodland Inc and like our page!
Copy of all newsletters on our website.

Star Swimmer

The first swimming school in America opened in Boston on July 23, 1827. One pupil who reportedly took advantage of its lessons was the country's president, John Quincy Adams, who was 60 years old at the time.





Trivia Whiz

In the Swim

When the temperatures rise, one way to cool off is to put on your bathing suit and go for a swim. Soak up some facts about this wardrobe staple.

Early styles of swimwear were extremely modest. Women wore ankle-length, long-sleeved bathing gowns. Men's suits covered their chests and legs.

The term "swimming suit" was first used in 1921 in magazine ads created by Jantzen, an Oregon swimsuit manufacturer.

In the 1930s, Olympic champion swimmer Johnny Weissmuller, who went on to acting fame as Tarzan, modeled one of the first brands of swim trunks.

On July 5, 1946, the bikini made quite a splash when it debuted in France. The two-piece design was very daring at the time.

Assisted Living Facility Visitation and Independent Living Amenities

Phase I: Visitation Prohibited, excluding compassionate care situations.

Dining room meals & beauty shop limited to AL residents only.

Phase II: Visitation is generally prohibited, excluding compassionate care.

Independent living residents on campus may utilize dining room & beauty shop service after being screened.

All must wear a face covering for their duration of visit & report directly to intended destination.

Dining room meals are limited to asymptomatic ALF or IL residents or those who have tested negative for infection.

Phase III: Visitation allowed by appointment for ALF residents in designated visitation area.

Nursing Facility Visitation

**Each phase is a minimum of 14 days, & based on numerous other criteria set by state & federal guidelines. If at any time a resident or an employee becomes positive we must return to Phase I and start the process over.*

Phase I & Phase II: Visitation generally prohibited, except for compassionate care situations. Visitors are screened & additional precautions are taken, including social distancing, hand hygiene, & masks.

Phase III & IV: Visitation is allowed by screening, appointment & additional precautions.

All entering must wear mask for the duration of their visit. Visits will be made in a designated visitation area & not on a residential unit, as determined by

All visitors & independent living residents are screened and additional precautions are taken.

IL residents may enter for dining services and beauty shop services. Dining room meals are limited to asymptomatic ALF or IL residents or those who have tested negative.

Phase IV: Visitation allowed for AL residents by appointment in a resident's room provided screening criteria are met & visitor continually honors masking & social distancing.

All visitors & IL residents entering will be screened & must wear a mask for the duration of their visit.

Dining room meals and group activities are limited to asymptomatic ALF or IL residents who have tested negative for the infection.

administration in relation to community &/or state infection risk.

Visitors are screened & additional precautions are taken, including social distancing & hand hygiene, & masks.

Phase V: Visitation is allowed by appointment in designated visitation rooms, but not on the residents' clinical units (e.g. not in resident rooms) unless the resident has a private room & visitor reports directly to private room.

Visitors are screened & additional precautions are taken, including social distancing & hand hygiene, & masks.

Hotline

Don't forget you can call our Covid-19 direct line at 434-395-7013 Monday thru Friday between 9 am till 5 pm. You may also contact us by email at ceo@thewoodlandinc.com.



100 Years Young!
Happy Birthday to Ms. Violet Potts!



Craft Time



Wit & Wisdom

“This nation will remain the land of the free only so long as it is the home of the brave.”
—Elmer Davis

“Be bold, be brave enough to be your true self.”
—Queen Latifah

“He doesn’t need to be big to be brave, because bravery is the courage found in the heart.”
—Aishah Madadiy

“Be brave. Take risks. Nothing can substitute experience.”
—Paulo Coelho

“Brave means listening to the still small voice inside and doing as it says. Regardless of what the rest of the world is saying.”
—Glennon Doyle

“Being brave isn’t the absence of fear. Being brave is having that fear but finding a way through it.”
—Bear Grylls

July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>July</i>			1 Elizabeth Cluett Barbara Gough	2 Patricia O'Halloran	3 Louis D'Onofrio	4 Independence Day Florence Riscinti
5 Donald Bishop	6 Pauline Dunnavant	7 Mary Ann Ryan	8 George Anderson Lois Fallen	9 Alfred "Leroy" Long	10	11
12 Lois Wunnenberg	13	14	15 	16 Lois Pugh	17	18
19 Vicie Grotte	20 Myrtle Banton Howard Lawrence	21 Peggy East	22	23 Linwood Weakley, Jr	24 Sharron Brown Mary Farley Thomas Young	25
26	27	28	29 Bertha Harmon	30 Christine Yeatts	31 Alice Templeton	

Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20				21				22				
			23				24			25	26	27
	28	29				30	31	32	33			
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41				42				43				
44				45		46		47				
48				49		50		51				
			52			53	54			55	56	57
58	59	60				61			62			
63						64				65		
66						67					68	

ACROSS

- Stuff
- Hula hoops, leisure suits, and Pet Rocks
- Stopping device
- Tel Aviv dance
- Café au ___
- Crow
- Serve as an accomplice
- Bern's river
- Begins
- Reasons to hesitate
- Pal of Winnie-the-Pooh
- Eccentric
- Physical therapist's recommendation
- Multivitamin ingredient
- Hothead's problem
- Sweet treats
- Like some telecasts
- Ancient Syria
- Indigo dye
- Roll maker
- One who wrote of the birth of Jesus
- High school subj.
- Pieces of poetry
- Walked the floor
- Do a manuscript again
- Got off track
- Ending for heir or author
- Michelangelo's field

DOWN

- Pauser's syllables
- Leagues
- Used
- Condemn
- Got down
- Steaming
- Meara or Bancroft
- Bedtime, for some
- Handbags
- Time period
- Black substance
- Word with woman or coal
- Wraparound item
- Zeus & Hera's son
- In a motherly way
- Taste
- 4.0-student's grades
- Filth
- Beverage container
- Name for a family of writers
- Talks informally
- Address abbr.
- Barbie's beau
- Abbreviation for ensign
- Small deer
- External
- Christmas tree, perhaps
- Reached a high point
- Combat-ready
- Funds

- Nincompoops
- "When I was ___"
- Preferences
- Kuala Lumpur residents
- Fencing sword: var.
- Sleeveless garment
- South African Dutchmen
- Divide
- Glues
- Hole enlarger
- Monday, on Monday
- Poker player's term
- Geometric shape
- Scottish island
- Mixture
- Little Mexican
- Editor's notation
- Get off one's feet
- One who really knows his job well
- Polish off

