

THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

April 2020



OFFICE HOURS

Bus. Office M-F 8:30-4:30

IMPORTANT NUMBERS

24 Hours (434) 392-6106

Hot Line (888) 391-1163



The Woodland Connexion

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Coronavirus Update

The Woodland wants to assure the public that we are well prepared to respond to the Coronavirus. A Coronavirus task force comprised of various staff members from across the organization has been meeting regularly to coordinate preventative measures along with monitor the spread of COVID-19 in our community.

The Woodland has set up a phone number for families to receive updated information along with answer any questions. (434) 395-7013. You may also visit our website at www.thewoodlandinc.com.

The Woodland would like to extend our appreciation to our families and residents in their understanding over the last and upcoming weeks.

ABCs of Poetry

Put your pen to work during National Poetry Month in April by writing an abecedarian poem.

Used frequently by ancient cultures, this type of poem starts with the first letter of the alphabet, then begins the next line or stanza with the following letter, and so on.



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Type in The Woodland Inc and like our page!



Happy Easter!

Bonnets, bunnies and baskets!
Colorful eggs and jelly beans!
Happy Easter to everyone!

Sun to Rain

Umbrellas were invented as protection from the sun's rays, not rain showers. The word umbrella comes from the Latin word *umbra*, meaning "shade."



Trivia Whiz

Bunny Basics

Symbols of spring, rabbits can be found in city parks, suburban yards and country meadows. Hop on in to these fun facts about the critters.

Although baby rabbits are called bunnies, they are actually kits or kittens.

Carrot-crunching rabbits are often shown in cartoons, but the herbivores mainly eat grass, weeds and clover.

When rabbits are happy, they jump in the air, twist and kick, an athletic leap known as a binky.

Strong hind legs give rabbits their speed and jumping ability. Eastern cottontails, the most common rabbit in North America, can run up to 18 mph.

Like cats, rabbits groom themselves by licking their fur and paws. They also purr when they are relaxed.

Gnome Sweet Gnome

Many yards and flower beds are home to whimsical statues known as garden gnomes, which are believed to bring luck to all that grows around them.

A number of European cultures include legends about gnomes—small, humanlike creatures, usually men with white beards, who live in forests and gardens. Mischievous, yet wise and helpful, gnomes were said to come to life at night to help humans with their plants as well as protect property and nature.

Ornamental versions of these beings were used in gardens as early as the 1600s, but they were carved totems rather than statues. The modern garden gnome emerged from the work of various craftspeople in the 1800s. One such artist in Germany, Philipp Griebel, made gnomes from terra cotta, and is credited with giving gnomes their now-iconic red

cone-shaped hat. His statuettes became popular throughout Europe.

Garden gnomes continue to pop up in outdoor decor and have also appeared in advertisements and entertainment.



Onions Explained

Spring brings the harvest of bunches of onions with long green stems and white ends. Here's how to identify the common varieties you'll see in dishes.

Green onions/scallions. These names are interchangeable and refer to onions with slender green stalks and white bulbs. The entire onion is edible, but it's usually the mild-tasting green tops that are chopped and used both raw and cooked, especially in Mexican and Asian recipes.

Leeks. Resembling large green onions, leeks have a slightly sweet, subtle flavor. The dark green tips are added to flavor stock, while the light green and white woody stalks are often an aromatic ingredient in dishes or simply enjoyed as a vegetable side.

Ramps. These prized onions grow wild in the Appalachian Mountains region and are in season for just a few weeks each spring. Ramps have broad green leaves, purplish stems and a white base, and their taste is a pungent mix of onion and garlic.

Chives. They look like blades of grass or tiny green onions, but chives are actually an herb that has a delicate onion flavor with a hint of garlic. They are commonly used as a topping for baked potatoes and as a garnish for eggs.



50 Years of Earth Day

The modern-day environmental movement kicked off 50 years ago on the first Earth Day, April 22, 1970.

The annual event was created by Gaylord Nelson, a senator from Wisconsin who wanted to organize what he called a “national teach-in on the environment” that would educate the public about growing concerns such as pollution and deforestation. On the first Earth Day, 20 million people, about 10% of the country’s population at the time, took part in rallies, raising awareness about environmental issues and appealing to protect the health of the planet.

Earth Day’s success contributed to several landmark changes, including many of the first laws against air and water pollution, as well as the creation of a new government organization to respond to such issues, the Environmental Protection Agency, which began work in December 1970. By 1990, Earth Day became a worldwide observance.

Today, about 1 billion people in nearly 200 countries celebrate Earth Day.

The Battle of Okinawa

This month marks the 75th anniversary of the last major battle of World War II, the Battle of Okinawa.

Capturing the tiny island in the Pacific Ocean was crucial due to its location. It would serve as a base for the Allies to launch a planned ground invasion of Japan’s main islands. To implement the attack, which was code-named Operation Iceberg, divisions of the U.S. Army and Marine Corps were merged to create the 10th Army, led by Lt. Gen. Simon B. Buckner Jr.

On April 1, 1945, troops stormed Okinawa’s beaches. But unlike D-Day, they were met with little resistance. Farther inland, however, came fierce fighting, compounded by torrential rains and rugged terrain.

After 82 days, the Battle of Okinawa ended on June 22, 1945. Although the Japanese were defeated, both sides suffered huge losses. Over 12,000 American troops, including Buckner, were killed; 35,000 were wounded. About 100,000 Japanese troops were killed, and an estimated 150,000 Okinawan civilians died. Less than two months later, Japan surrendered to the Allies, ending World War II.

The Battle of Okinawa was the largest amphibious landing in the Pacific theater of World War II.



Wit & Wisdom

“Life isn’t about waiting for the storm to pass; it’s about learning to dance in the rain.”
—Vivian Greene

“There are shortcuts to happiness, and dancing is one of them.”
—Vicki Baum

“The beauty of dance is being a part of something that is all you, from creation to performance.”
—Misty Copeland

“Life is short and there will always be dirty dishes, so let’s dance.”
—James Howe

“To watch us dance is to hear our hearts speak.”
—Hopi proverb

“The only way to make sense out of change is to plunge into it, move with it, and join the dance.”
—Alan Watts

April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>April</i>			1	2 Doris Davis Catherine Stith	3 Nancy Haga	4
5	6	7 Virginia Hancock	8	9 	10 Evelyn Giannetti	11
12	13	14	15 Mary Barnes	16	17	18
19	20	21	22 Robert Agee Doris Amos Terry Shelton	23 Louis Vanderpool	24 Mary Mathis	25
26 Lavern Ownby Edith Stitt	27	28 	29 Lena Bishop	30 Nancy Diamond Patricia Teller		

Word Search

Category: Five-Letter Body Parts

R E V I L H A O R T A H
 T G D D D C A N K L E E
 H H G E S C G C C C X A
 I J E Q O K H B H B C R
 G K S L H V U V P E V T
 H L O Z B X X L I L S S
 E N I P S O A X L L Z T
 M B G X B C W C E Y X C
 S O H C S X **T H U M B** V
 D W U N A V E L M S D B
 F E B T S I R W A I S T
 G L V C H Q Q K E E H C

1. Thumb
2. _____
3. _____
4. _____
5. _____
6. _____
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18. _____
19. _____
20. _____

- Word Search Solution:**
1. Ankle
 2. Aorta
 3. Belly
 4. Bowel
 5. Cheek
 6. Chest
 7. Colon
 8. Elbow
 9. Heart
 10. Ileum
 11. Liver
 12. Mouth
 13. Navel
 14. Scalp
 15. Skull
 16. Spine
 17. Thigh
 18. Thumb
 19. Waist
 20. Wrist

