

# THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

February 2020



## OFFICE HOURS

Bus. Office ..... M-F 8:30-4:30

## IMPORTANT NUMBERS

24 Hours ..... (434) 392-6106

Hot Line ..... (888) 391-1163



## The Woodland Connexion

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inc.com

(434) 392-6106

# 50<sup>th</sup> Anniversary

In March 2020, please help The Woodland celebrate their Golden Years! For the whole month of March, we will be celebrating. There will be weekly events for residents and staff. . . stay tuned for more information!

## Super Bowl Sunday

Will be held on Sunday, February 2nd at Hard Rock Stadium in Miami, Florida. Halftime show will be performed by Jennifer Lopez & Shakira. Join in the fun, whether your team made it or you're just watching for the commercials; tune into Fox network at 6:30 pm ET to watch!

**SUPER BOWL**

## February Happenings

American Heart Month

Black History Month

Groundhog Day-February 2nd

National Wear Red Day-February 7th

Valentine's Day-February 14th

Presidents Day-February 17th

Mardi Gras (Fat

Tuesday)-February 25th

## Valentine's Parties

Check your activities calendar for time and place of your Valentine's Day Party on February 14th.

## Mardi Gras Jazz Music Celebration

Holly Manor will be celebrating Mardi Gras with a Jazz Music Celebration on February 25 at 2 pm in the Jefferson Dining Room. Come out and enjoy listening to some good music and watch Cordelia Higgins be crowned Mardi Gras Queen of Holly Manor!

## Community Card Games

The Community is cordially invited to The Woodland Community Center every 2nd & 4th Thursday of each month. Games begin at 2pm. Please come join us.



## Support Group Information

*Alzheimer's Association*

*Caregiver Support Group for*

*Families and Caregivers of*

*Persons Living with Dementia*

meet on the 1st Thursday of the month at 2pm at Brookview. For more information, please contact Marion Kyner at (434) 392-6106, ext 222.

Find us on 

Type in The Woodland Inc and like our page!



## Trivia Whiz

### The Presidential Penny

Presidents Day on the third Monday of February celebrates all U.S. presidents, including one of the most admired, Abraham Lincoln. For over a century, Lincoln has been in pockets and purses throughout the country in the form of the 1-cent coin.

The Lincoln penny was first minted in 1909 and celebrates the 100th anniversary of the 16th president's birth. It was the first U.S. coin to feature a historical figure.

Sculptor and engraver Victor David Brenner designed the coin with Lincoln's portrait on the "heads" side and two wheat stalks on the "tails" side.

Pennies are 97.5% zinc and 2.5% copper.

The U.S. Mint produces more than 13 billion pennies a year.

On average, a penny lasts 25 years.

### Christmas Program

Brookview held their annual Christmas Program in December with members of the bell choir, vocal choir & seated dance class performing for residents, family & friends.



### Santa & Mrs. Claus Visit







### And the Oscar Goes To ...

The 92nd Academy Awards will take place Feb. 9.



### Take a Leap

2020 is a leap year, when February has an extra day. Take inspiration from Leap Day on Feb. 29 to "take a leap" and try something new in your life, such as joining a club or taking a class.



### Wit & Wisdom

"Cheerfulness is the best promoter of health and is as friendly to the mind as to the body."  
—Joseph Addison

"Be healthy and take care of yourself, but be happy with the beautiful things that make you, you."  
—Beyoncé

"The root of all health is in the brain. The trunk of it is in emotion. The branches and leaves are the body. The flower of health blooms when all parts work together."  
—Kurdish proverb

"I do try to eat lots of salads and healthy foods. But cakes are healthy, too; you just eat a thin slice."  
—Mary Berry

"Good health is a duty to yourself, to your contemporaries, to your inheritors, to the progress of the world."  
—Gwendolyn Brooks

# February 2020

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

# FEBRUARY

1						
2	3 Sandra Nygaard	4	5 Elfriede Jones Nora Rutledge	6 Dorothy Wilkerson	7 Robert Wooten	8
9 Mary Reardon Barbara Remington Ruth Walker	10 Lucy Doyne	11 Joyce Grant John Johnson	12 Thomas Avent Ruth Catlin Bessie Dowdy	13 Rose Sapienza Anne Vedomske	14 <b>Valentine's Day</b> Edward Harris	15
16 William Pollard	17 <b>Presidents Day</b>	18	19 Alice Bartlett Willie Miser	20	21 Anne Berry	22 Sarah Southall
23 	24 Jefferson Brantley	25 Phyllis Walker	26	27	28 Thelma Armes Joyce Davis Mary A Lynn Willie Reid	29 <b>Leap Day</b>

# Word Search

Category: Colors

M C C N R E D N E V A L  
 A B E I G E C R U G M P  
 R N E E R G O L D Y B U  
 O C G S D D G C E N N R  
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- Word Search Solution:
- Beige
  - Black
  - Blue
  - Brown
  - Ecru
  - Gold
  - Green
  - Lavender
  - Lilac
  - Maroon
  - Orange
  - Pink
  - Purple
  - Red
  - Silver
  - Tan
  - Turquoise
  - Violet
  - White
  - Yellow

