

THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

November 2019



OFFICE HOURS

Bus. Office M-F 8:30-4:30

IMPORTANT NUMBERS

24 Hours (434) 392-6106

Hot Line (888) 391-1163



The Woodland Connexion

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inc.com

(434) 392-6106

Thank You, Veterans

There are more than 20 million veterans in America. Honor those who have served on Veterans Day, Nov. 11.

Make Time for Quiet Time

This time of year is known for holiday hustle and bustle, but seeking out some quiet time should be on your to-do list. There's evidence that sustained silence may stimulate the creation of new brain cells in the region of the brain responsible for learning and memory, according to a study. Tuning out external noise also allows you to tune in to inner thoughts, memories and emotions.

Thanksgiving Bells

The song "Jingle Bells" probably brings to mind snowy wintertime fun, but the original 1857 tune was actually written to be sung on Thanksgiving.

Thanksgiving Meal With Residents & Families

The Woodland would like to cordially invite our residents' families to join them for a traditional Thanksgiving meal. This will be a RSVP event so please get a head count for us to be well prepared for your family to join. More information to follow.



Farmville Christmas Tree Lighting

This year's Annual Christmas Tree Lighting will be held on Friday, November 22 at the High Bridge Plaza Downtown Farmville. Festivities will kick off at 6pm

Community Card Games

The Community is cordially invited to The Woodland Community Center every 2nd & 4th Thursday of each month. Games begin at 2pm. Please come join us.



Support Group Information

*Alzheimer's Association
Caregiver Support Group for
Families and Caregivers of
Persons Living with Dementia*

meet on the 1st Thursday of the month at 2pm at Brookview. For more information, please contact Marion Kyner at (434) 392-6106, ext 222.

Find us on 

Type in The Woodland Inc and like our page!



Trivia Whiz

Thanksgiving by the Numbers

Thanksgiving festivities first took place over three days in the autumn of 1621 and included 50 Pilgrims and 90 members of the Wampanoag tribe.

About 95% of American households say they celebrate Thanksgiving.

Nearly 90% of those celebrating the holiday eat turkey, whether roasted or deep-fried, according to the National Turkey Federation. The average weight of a bird bought for the meal is 16 pounds.

The Butterball Turkey Talk-Line answers more than 100,000 calls each November and December from people needing cooking advice.

Three-quarters of those surveyed said they enjoyed Thanksgiving leftovers more than the actual meal.



Walk to End Alzheimer's Update

GO TEAM WOODLAND! The Woodland, Inc raised a total of \$2500 for the Walk To End Alzheimer's. We raised over \$1200 from the raffle baskets, Thank you to all Employees that donated the baskets. Raised \$300 on The Woodland Team page along with matching funds from The Woodland, Inc.

Five County Fair Winners

This year residents from Brookview & Holly Manor entered numerous art pieces in the 5 County Fair for judging.

All of the residents worked hard throughout the year on pieces that were special to them and it showed through with many of them placing. Please offer all those who entered and placed a round of applause.



Five County Fair Pageant

Each year the Five County Fair contestants come out to socialize with residents. This year we had a great group of ladies stop in!



Visit to Chadwick & Son Orchids Farm



Pounds of Pumpkins

About 2 billion pounds of pumpkins are harvested in the U.S. each year.



Wit & Wisdom

"Many people will walk in and out of your life, but only true friends will leave footprints in your heart."
—Eleanor Roosevelt

"The only way to have a friend is to be one."
—Ralph Waldo Emerson

"The most beautiful discovery true friends make is that they can grow separately without growing apart."
—Elisabeth Foley

"Friends are those rare people who ask how we are and then wait to hear the answer."
—Ed Cunningham

"A true friend is someone who thinks that you are a good egg even though he knows that you are slightly cracked."
—Bernard Meltzer

"A friend is a gift you give yourself."
—Robert Louis Stevenson

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER					1 Duane Benton James Robertson Maurice Sneller	2 David Burke John Miller
3 Sylvia Wood	4	5 Eleanore Burger Virginia Grile	6 Violet Thackton	7	8 	9
10	Veterans Day 11	12	13 John Christenson	14 Mary Fulcher	15 Alice Hines	16 Mary Harvey
17 Kathleen Speas Marion Thomas Florence West	18 	19	20	21 Susie Laws	22 Iris Pollard	23
24 Sharon Akers Mabel Lazar	25 Neil O'Donahue	26 Myron Blankenship Mary Speas	27 Leslie Leonard	Thanksgiving 28 William Wall	29	30

Word Search

Category: NFL Teams

B M D O L P H I N S G S
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- Word Search Solution:**
- | | |
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| 1. Bears | 11. Falcons |
| 2. Bengals | 12. 49ers |
| 3. Broncos | 13. Giants |
| 4. Browns | 14. Lions |
| 5. Chargers | 15. Packers |
| 6. Chiefs | 16. Rams |
| 7. Colts | 17. Redskins |
| 8. Cowboys | 18. Saints |
| 9. Dolphins | 19. Steelers |
| 10. Eagles | 20. Vikings |

