

THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

May 2016



OFFICE HOURS

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IMPORTANT NUMBERS

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The Woodland Connexion

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Celebrate Mothers

In 1905, Anna Jarvis began a campaign to make Mother's Day a recognized holiday in the United States. Jarvis' own mother had been a peace activist who cared for wounded soldiers on both sides during the Civil War. Celebrate the mothers in your life on the second Sunday in May.

Mother's Day Jamboree held on Friday, May 6th, in The Jefferson Dining room at 2:00 pm. Also, this day we will be having a Mother's Day Tea, Varner Hall located at Brookview at 2:30 pm.



5 Things About: The Kentucky Derby

- The annual race takes place the first Saturday in May in Louisville, Ky.
- It's called "the most exciting two minutes in sports."
- A total of 20 thoroughbreds get a spot at Churchill Downs' starting gate.
- Horses race 1.25 miles around the track to the finish line.
- More than 400 roses are used to create the blanket of roses that is draped around the winner.



Upcoming Festivals

- Annual Antique Rose Festival, Old City Cemetery, Lynchburg, VA. May 6th, 7th, 8th.
- Heart of Virginia Festival, downtown Farmville, VA. May 7th

Live From New York

Actress Betty White hosted "Saturday Night Live" on May 8, 2010. White, 88 at the time, became the oldest person to ever host the long-running sketch comedy show. Almost 500,000 people had supported a Facebook campaign calling for White to host "SNL."

Memorial Service

The Woodland will be hosting our bi-annual Memorial Service at The Community Center. Reception starts at 6 pm. Program will begin at 6:30 pm. Please **RSVP by May 9th (434)-392-6106 ext 257.**





Trivia Whiz



We have a resident that has been with The Woodland as long or longer than some staff members. Leslie Leonard is a familiar face to most of us since he has been living here for 20 years. Leslie enjoys activities, food, computers and even lets us know at times items that need to be improved upon to make life better. Congratulations, Leslie!!!



Myrtle (Mutt) Banton is showing off her craft made for Easter.

Recognizing Our Heroes

May marks National Military Appreciation Month, and the last Monday of the month is Memorial Day. Here are some ways to honor the sacrifice of those who have served as well as those who are still serving.

Wear an American flag pin throughout the month of May.

Gather a group of friends and visit a veterans hospital to chat with residents and play cards.

Cut coupons to send to military bases overseas, where coupons can be used for up to six months past their expiration date.

Visit area monuments and memorials that honor military heroes.

Recite the Pledge of Allegiance every morning or before club and special interest meetings.

Are you a veteran or a veteran's spouse? Record your experiences in a journal or via video to share with younger generations.

Visit cemeteries on Memorial Day and place flags and flowers on the graves of fallen soldiers.

Hang a flag on your door or in your window.

Share photos of servicemen and women in your family—past and present—with friends and on social media.

On Memorial Day, pause at 3 p.m. to participate in the National Moment of Remembrance.



Tavern on the James

The Courts believe if you find somewhere beautiful and the food is good, go back. The town of Scottsville always has something new to offer.



A group from the courts enjoyed the heart warming production put on by the students at Liberty University.



Wit & Wisdom

"The best way to find yourself is to lose yourself in the service of others."
—Mahatma Gandhi

"The life of a man consists not in seeing visions and in dreaming dreams, but in active charity and in willing service."
—Henry Wadsworth Longfellow

"Let us go forward in this battle fortified by conviction that those who labor in the service of a great and good cause will never fail."
—Owen Arthur

"Service to others in their time of need is a privilege and an honor."
—Harley King

"How can I be useful, of what service can I be? There is something inside me, what can it be?"
—Vincent Van Gogh

"Life is for service."
—Fred Rogers

May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Harris Huskey Callie Webb	2 Flora Grant	3	4	5	6 Elizabeth Barrere Anita Eanes	7
8 Mother's Day	9 Elizabeth Dupree Magaline Clark Beach Party Day	10 Joyce Smith Flamingo Day	11 Else Boswell Big Heart Wednesday	12 Betty Lotterer Favorite T-shirt Day	13 Woodland Spirit Day Blue Jeans/Woodland Shirts	14 Virginia Branch
15 Norma Williams	16 Omega Calimese Rachel Brydie	17	18 Gertrude Buono	19 Barbara Martin Mildred Harvey	20	21 Joseph Lewis
22	23 Hyacinth Greaves	24 Grace Gaiter	25	26 Floyd Garrett	27	28 Fannie Borum
29 Richard Holley Iris Lehman Violet Potts	Memorial Day 30	31 Jean Crump	<h1>May</h1>			

